



iistry of Tourism, ative Industry and forming Arts Sarawak

MALASIA



CELEBRATING ARTS, CULTURE × LIFESTYLE

1 - 31 october

## let your senses come alive.



#WAK2024 @aboutkuching.com



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Be Our WAK Ambassador

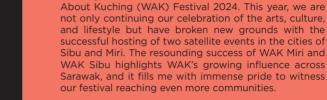
The WAK Team

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INFORMATION PUBLISHED IS CORRECT AT THE TIME OF PRINTING. THERE MAY BEUNFORESEEN CHANGES

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**ABOUTKUCHING.COM** OR SCAN HERE.



WAK has always been dear to my heart because it uniquely puts local Sarawakians and our impressionable youths on centre stage. Since its inception in 2017, the festival has exemplified the spirit of "BY THE COMMUNITY FOR THE COMMUNITY." It serves as an open-access, multi-genre platform that unites us all in a month-long celebration of colourful events, attracting participation from all corners and from every walk of life.

I am delighted to welcome you to our capital city of Kuching, Sarawak, for the 6th edition of the What

This year's festival is even more special as it comes after our very successful hosting of Malaysian Games or SUKMA in August and Malaysia Para Games in September. Our tourism focus areas of Culture, Adventure, Nature, Food and Festival or CANFF have positioned Sarawak as a choice destination and I am happy to report that our tourism arrivals has not only fully recovered but has grown by leaps and bounds since Covid-19 days.

The WAK Festival is unique as it provides a platform for our creative communities and my ministry and I are proud to support the event. The WAK Festival's vision to reach international recognition also corresponds with our goal to develop unique tourism products that will attract more visitors to join the festivities.

I want to congratulate our creative community partners and the WAK team for delivering yet another impressive array of events this October. With 45 collaborators and an offering of 60 unique and 233 daily events spanning music, dance, theatre, arts, crafts, gastronomy, and more, WAK 2024 promises to be another unforgettable experience.

Throughout October, Kuching will come alive with festivities. I urge you all to embrace the many live performances, exhibitions, workshops, and more, and to show your support for our creative communities. To our talented artists, I wish you great success in your endeavours.

Let's come together to celebrate the arts, culture, and lifestyle at WAK 2024. This shared experience strengthens the bonds that make our community and Sarawak truly remarkable. Let the festivities of WAK 2024 begin!

# WELCOME



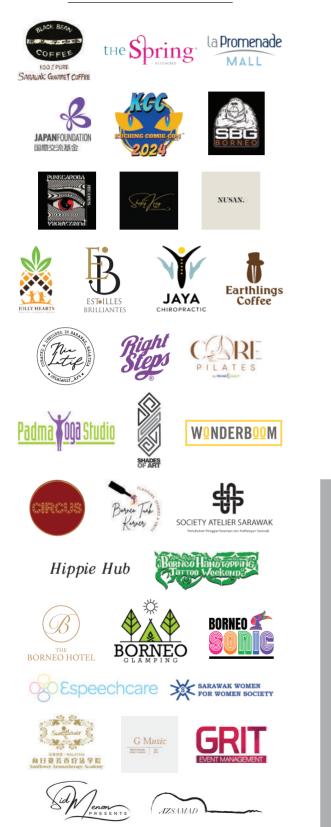
#### Message from The Honourable Dato Sri Haji Abdul Karim Rahman Hamzah

- Minister for Tourism, Creative Industry and Performing Arts Sarawak
- Minister for Youth, Sports and Entrepreneur Development Sarawak

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#### **EVENT ORGANISERS**



**EVENT SUPPORTERS** 





















THANK YOU

FOR SUPPORTING YOUR COMMUNITY

A huge shoutout to everyone who made this event one for the books!

Kuching's story isn't just inked in history; it's a vibrant tale we're crafting together, every day, by embracing our arts, culture, and lifestyle. You're the heartbeat of our city, and we can't wait to make more memories with you in 2025!



## THE WAK FESTIVAL

Every October since 2017, Kuching transforms into a vibrant hub, extending the tourist season with a month-long celebration of arts, culture, and lifestyle.

Our journey began in 2017, driven by the passion of our visionary directors, Donald and Marina. They rallied Kuching's communities to unite under a single festival: 'What About Kuching Festival - Celebrate Arts, Culture & Lifestyle,' or simply WAK.

The festival's name was born from a serendipitous mishearing, sparking the question, "What about Kuching?" Indeed, WAK has become a community-driven, open-access celebration, showcasing the city's creative spirit every October.

WAK thrives on collaboration, with vital support from the Ministry of Tourism, Creative Industry and Performing Arts Sarawak, city councils DBKU and MBKS, related agencies, the private sector, and creative communities. This partnership ignites Kuching with a diverse array of events—art shows, music gigs, theater, comedy, dance, talks, workshops, and more.

After a two-year pandemic hiatus, WAK returned in 2022 to unprecedented support from both the creative community and audiences. WAK 2023 marked a return to our roots, reconnecting with the spaces, people, and aspirations that define us.

Now, in its 6th edition, WAK is reaching new heights with the addition of satellite festivals in Miri and Sibu. This expansion strengthens our connection across Sarawak, making WAK a true reflection of the state's rich talent. We eagerly anticipate even greater participation from creative communities across all three WAK festivals in the future.

Looking ahead to WAK 2024, we invite everyone to "Let your senses come alive" as we continue to celebrate and elevate the arts, culture, and lifestyle that make Sarawak truly unique.

## MISSION

To celebrate the arts, culture and lifestyle to a global audience thereby creating greater appreciation and support of these amongst the local community.

## **OBJECTIVES**

- Enhance greater tourism arrivals to benefit the local economy
- Provide platforms for personalities to showcase their different pursuits
- Create awareness, educate and garner a greater appreciation of these pursuits
- Foster regional and international collaborations to elevate local standards

## MESSAGE FROM THE WAK TEAM

We are thrilled to present the 6th edition of What About Kuching (WAK) in 2024. This 6th edition promises to be an even more vibrant and inspiring experience as we continue to celebrates Sarawak's rich cultural heritage and creative spirit.

We proudly continue our partnership with the Ministry of Tourism, Creative Industry, and Performing Arts (MTCP) Sarawak as our Supporting Sponsor. Their unwavering support, especially with the growing number of events, has been vital to WAK's continued success.

WAK together with our long standing and new partners from the private sector are excited to ensure that our creative communities thrive under the WAK umbrella and allows us to shape a bright future for the WAK movement.

To the WAK 2024 collaborators, let us all paint Kuching City red and alive. The vibrant programme content has something for everyone. To festivalgoers, let your senses come alive and witness the many events, celebrating art, culture, and lifestyle like never before at WAK 2024!

WAK 2024 also saw the staging of the inaugural WAK Sibu and WAK Miri satellite festivals from 25 to 28 July and 1 to 4 August, respectively. We were very honoured to have work with many creative communities from our central and northern regions at these 2 exciting new inclusions and hope to see them in October in Kuching in the years to come.

We are indeed fortunate to have outstanding young talents forming the backbone of this movement. As we embark on this journey, we are reminded of the unity, creativity, and shared love for our state that drives this movement. Let us collectively bring WAK to even greater heights in the coming years.

The Festival Directors & Management Team What About Kuching 2024

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## PLANNING YOUR SCHEDULE

While the Kuching city center may seem compact, it can get quite busy during certain times of the day. It's worth planning ahead; venues may look deceptively close to each other, but traffic and parking can get challenging. Sometimes it's faster to walk! You can't go too wrong by allowing yourself ample time to arrive. There's always some place nearby to explore or rediscover and local kopitiams/coffee shops or street food stalls to get refreshed in. The best thing about Kuching city is that small wonders are found at almost every corner.

#### **HOW TO BUY TICKETS**

If events are ticketed, please contact the event organiser directly to secure your tickets. All ticket proceeds will be channelled to the event organiser.

#### **STAY CONNECTED**

Be the first to get the latest news, updates and media by following us on Instagram, Facebook and TikTok accounts @ aboutkuching

Show your love by sharing your photos, videos, and experience with us and the world by tagging **@aboutkuching** and using the hashtag **#WAK2024** 

View a digital version of this programme booklet at **aboutkuching.com** 

#### **PICTURE THIS**

The images in this programme booklet are sourced from our official photographers and event organiser. If by any chance, you find your photos used without your permission, please contact the respective event organiser with your feedback.

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### WAK 2024 MERCH Limited Stocks, GET yours now!









## WAKA: Your Guides to the WAK Festival Magic

Ever wondered who adds that extra dash of charm and assistance to your WAK Festival experience? Say hello to our WAKA - What About Kuching Festival Ambassadors - a group of passionate individuals of all ages who embody the spirit of the festival. They are the friendly faces that make your WAK Festival journey truly unforgettable.

Throughout the entire month of October, you'll find our WAKAs stationed at every event venue. They are your go-to guides, ready to enhance your festival experience in a multitude of ways:

**Ticket Maestros**: Need tickets for that must-see performance? Our WAKAs are your ticket gurus, ensuring you get the best seats in the house.

**Merchandise Masters**: Looking for festival merchandise to commemorate your visit? WAKAs can help you pick out the perfect keepsakes.

**Information Hub**: Lost in the festival frenzy? WAKAs are here to provide all the information you need, from event schedules to venue maps.

**Event Ushers**: They'll make sure you find your way to the right events, venues and seats with ease.

**Recommendation Experts**: Not sure which events to attend? WAKAs are your festival insiders, offering personalized recommendations based on your interests.

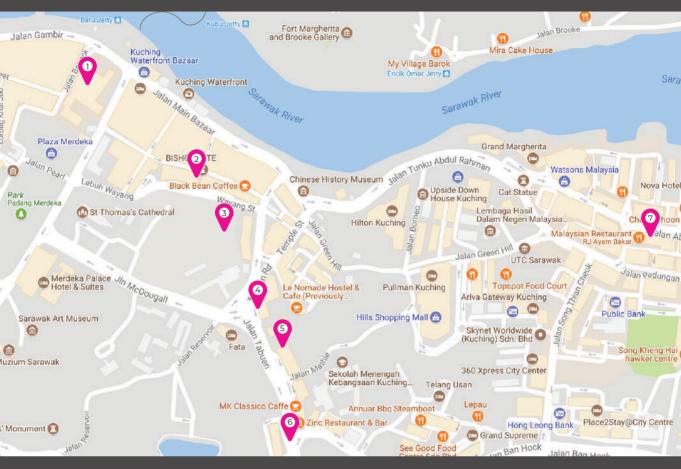
**Online Survery**: WAKAs will also be engaging with festival-goers to collect valuable feedback through the WAK Festival online survey. Your input matters, and our WAKAs are here to make sure your voice is heard!

These dedicated WAKAs are the heart and soul of the WAK Festival, ensuring you have the best experience possible.

So, when you spot one of our WAKAs in their signature festival attire, don't hesitate to say hello, share your thoughts, and make the most of your WAK Festival adventure with their invaluable assistance. WAKA - What About Kuching Ambassadors: Your festival guides, your friends, and your keys to unlocking the magic of WAK Festival!



## **EVENT VENUES**



#### VENUES ON THIS MAP

- 1. Old Court House Gardens, Courtyard
- 2. Drunk Monkey
- 3. The Marian Boutique Lodging House
- 4. Tirta Barong Cafe
- 5. The Borneo Hotel Carpark
- 6. Black Bean Coffee @ Tabuan Desa
- 7. Kuching CSSC

#### **OUTSIDE OF MAP**

- 8. Amphitheatre Kuching, Jalan Taman Budaya
- 9. The Lime Tree Hotel
- 10. AppleSeeds Jamming Studio, Satok
- 11. Dewan Sri Bunga Rampai
- 12. tHe Spring, Kuching
- 13. Borneo Tuak Korner, Rock Road
- 14. South Court, AEON Mall Kuching Central
- 15. Dewan Serbaguna Kpg Pinang Jawa, Satok
- 16. Chemsains, Dance Room, Auditorium
- 17. Seafood Shangri-La, City One Megamall

- 18. GSC, CityOne Megamall
- 19. Rehab Concept, Tabuan Jaya
- 20. EspeechCare, Trinity Hub
- 21. Uncle Teck's Kopitiam, Galacity
- 22. Eco Mall, Petra Jaya
- 23. South Atrium, GF, Malls 1 & 2, Boulevard Shopping Mall
- 24. Jolly Hearts Creative Learning Centre, Tabuan Desa
- 25. Prodigy Music Centre, Petra Jaya
- 26. Wonderboom, Green Heights Shopping Mall
- 27. Zeeda, Metrocity
- 28. Libiki Bamboo Resort
- 29. La Promenade Mall
- 30. Dewan Serbaguna Kampung Santubong
- 31. Dewan Datuk Seri Wan Junaidi, Kpg Goebilt
- 32. The Post, Siniawan
- 33. G Music Vocals
- 34. Padawan
- 35. Stadium Sarawak

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### **EVENTS DETAILS**



#### CELEBRATING MALAYSIA PHOTO EXHIBITION

📋 Tue 1 Oct - Wed 30 Oct

EXHIBITION

EXHIBITION

- 10:30 AM 7:00 PM
- tHe Spring
- E FREE
- About Kuching Sdn. Bhd.
- & Edwin Lay +6016-889 5553

Organised in collaboration with Canon, this exhibition serves as a canvas for visual storytelling and showcases the captivating works of the esteemed EOS Masters. Delve into this dynamic fusion of art, culture, and technical prowess.



#### SWEET SIXTEEN

- 📋 Tue 1 Oct Wed 30 Oct
- Weekdays : 11:00 AM 5:00 PM Weekends : 11:00 AM - 6:00 PM
- Kuching CSSC
- ⊑ FREE
- A Sarawak Women for Women Society
- & Kim Tan +6011-365 93445

Did you know that Sarawak has 'achieved' the top state in Malaysia with having the highest number of child marriages? Join us to learn about why this is happening and maybe you can contribute in making a change! SWEET SIXTEEN is an exhibition that portrays how childhood innocence and potential futures are allowed to be taken away by our current laws. Find out more about the realities of child marriage and what we can do to help create legislative reforms in Sarawak.



LIFESTYLE

CULTURE

#### WAK: FOOD ADVENTURE TRAIL

- 台 Tue 1 Oct Wed 30 Oct
- ③ Respective opening hours
- Various Location around Kuching City
- ☑ FREE
- About Kuching Sdn. Bhd.
- & Marina Foo +6012-889 9589

In 2021, Kuching earned the prestigious title of UNESCO City of Gastronomy, a testament to its vibrant street food scene. The WAK Food Adventure Trail invites you to explore the rich tapestry of flavors, from spicy curries to the exotic tastes of jungle produce, offered by countless stalls and coffee shops. Grab your Food Adventure Trail Passport, collect stamps as you savor each dish, and unlock a surprise reward—a fitting tribute to your culinary journey in this food-lover's paradise.



**CALL OF THE TRIBES** 

- 📋 Tue 1 Oct
- 5:00 PM 6:00 PM
- OCH Gardens
- FREE
- About Kuching Sdn. Bhd.
- & Alex Ang +6016-875 4842

Brace yourself as this theatrical spectacle returns to shake the ground beneath your feet with pounding rhythms and an extravagant display woven together with the deep lore of Kuching's culturally diverse community. This monumental culmination transcends the boundaries that define who and why we are. No spoilers!



## tHe SPRING SUNDOWN MUSIC & FOOD FESTIVAL

📋 Tue 1 Oct - Sun 6 Oct

LIFESTYLE

EXHIBITION

- 5:00 PM 11:00 PM
- ♥ tHe Spring Premier Carpark
- ⊑ FREE
- A The Spring Management Services Sdn Bhd
- & Aderine Lo +6017-818 8691

Combining a tantalising array of mouthwatering culinary delights and electrifying live shows, the Spring Sundown Music & Food Festival promises to engage your senses with a diverse selection of food vendors serving up a wide range of local delicacies, international cuisines, and gourmet treats to explore and enjoy while being entertained by an exciting line-up of music performances. Mark your calendars, and get ready for an extraordinary celebration of food, music and much more catered to every walk of life.



#### WILD ABOUT KUCHING: INTO THE WILD PHOTOGRAPHIC EXHIBITION

- 📋 Thur 3 Oct Wed 30 Oct
- 🕒 10:30 AM 7:00 PM
- ♥ tHe Spring
- ⊑ FREE
- About Kuching Sdn. Bhd.
- & Alex Ang +6016-875 4842

Take a rare glimpse into nature's secret world through the lens of Kuching's gifted wildlife photographers. Into the Wild is a Biodiversity Photo Exhibition designed to educate the public and garner a genuine appreciation and sense of wonder for the natural world.



#### LA PROMENADE MALL'S OKTOBERFEST 2024

- 📋 Thur 3 Oct Sun 6 Oct
- 6:00 PM 12:00 AM
- ⊑ FREE
- A La Promenade Mall by Hock Seng Lee
- Stephen Sunny +6016-804 4139

La Promenade Mall's Oktoberfest is a lively celebration featuring an array of delectable food, vibrant Music, and engaging activities. The festival atmosphere is perfect for families and friends to come together and enjoy a memorable day of festivities. La Promenade Mall's Oktoberfest promises a delightful experience for all ages.

LIFESTYLE



#### BORNEO HAND-TAPPING TATTOO WEEKEND 2ND EDITION 2024

- 📋 Fri 4 Oct Sun 6 Oct
- 10:00 AM 10:00 PM
- Libiki Bamboo Resort, Bau
- RM3.00 (Entrance Fee)
- A Borneo Hand Tapping Tattoo Weekend
- & Valentino Ngabong +6013-826 1147

Gather by the river and convene with nature in this immersive journey of culture and tradition. The Borneo Hand-Tapping Tattoo Weekend features tattoo artists from around the region specialising in traditional tribal tattoos, neo-tribal tattoo and authentic tattoo tradition revival. Set in the natural backdrop of the Borneo rainforest, this event is a bucket list experience for all artists and enthusiasts of tattoo art and tattoo tradition.

LIFESTYLE



#### **EMPOWERMENT WOMEN ENERGY**

- 📋 Sat 5 Oct & Sun 6 Oct
- 9:00 AM 9:00 PM
- ⊑∎ FREE
- A Sunflower Aromatherapy Academy
- & Belle Chan +6016-336 1019

The Empowerment Women Energy is a campaign focusing on breast cancer awareness and women self-care. Participate in various workshops such as Basic makeup technique, Zentangle Art, Mandala Art and many more. At the same time, also provide basic health screening, Pap smear & HPV test, HPV vaccination. Sample the array of products crafted by the Sunflower Aromatherapy Academy. Join the high tea session and an awareness talk by Helen Chen, providing women with a safe space to relax, discover their talents, and learn self-care techniques.



#### HARIO POUR-OVER COFFEE WORKSHOP BY WONDERBOOM X EARTHLINGS

📋 Sat 5 Oct

WORKSHOP

WELLNESS

- Session 1 : 10:00 AM 1:00 PM
   Session 2 : 2:00 PM 5:00 PM
- Wonderboom, Green Heights Mall
- RM280 per pax (inclusive of Hario V60 Dripper Set worth RM75.00) Limited to 12 pax per session
- & Wonderboom x Earthlings Coffee
- Shiela Mae +6016-679 0736

Ever thought of brewing your own local coffee from scratch? Sign up for the Hario Pour-Over Coffee workshop conducted by an Hario Ambassador demonstrating the proper methods and techniques to prepare local Borneo lowland Liberica coffee with a Hario Coffee Pour-Over Kit Set.



#### GRACEFUL IN HEELS: DANCE WORKSHOP IN KUCHING

- 📋 Sat 5 Oct
- I0:00 AM 4:00 PM
- Oance Room, Chemsains Kuching
- 🖾 RM 288 per pax
- 요 The Circus
- 🗞 Juliana Jimbai +6011-1005 6716

Build a stronger foundation for dancing in heels. Foster creative expression and equip yourself with the skills to perform confidently in heels. This intensive 1-day event will cover various aspects of dance, from technique to choreography, while providing opportunities for freestyle exploration and a performance showcase.

DANCE



#### LITTLE JOLLY MUSICIANS -JUNIOR MUSIC WORKSHOP

- ☐ Sat 5 Oct, Sat 12 Oct, Sat 19 Oct & Sat 26 Oct
- I1:00 AM 12:00 PM
- Jolly Hearts Creative Learning Centre, Tabuan Desa
- RM 25 per child (inclusive of 1 adult accompany)
- A Jolly Hearts Creative Learning Centre
- & Anastar Poh +6016-896 0262

Awaken your child's inner musicality through a fun and lively music learning experience. All children between 3-7 years of age are welcome to participate in a variety of enjoyable activities that involve singing and fun rhythm and melody games conducted by experienced music teachers.

MUSIC



#### SHADES OF ART

ART

WORKSHOP

🕒 4:00 PM - 12:00 AM

♥ Tirta Barong Cafe

⊑∎ FREE

🛱 Sat 5 Oct

요 Shades of Art

& Noel Rumpang +6016-575 8767

"Shades of Art" is an evening celebration of talent, music, poetry, and all art forms, designed to shine a spotlight on local talents while providing a platform for up-and-coming artists. Through a diverse array of performances and exhibitions, the event showcases the rich tapestry of artistic expression within the community.



## LIGHTS, CAMERA, ACTION: THE ART OF EVENT PHOTOGRAPHY

🛱 Sun 6 Oct

- 🕒 10:00 AM 12:00 PM
- ♥ tHe Spring
- 5 EM 10
- & Canon Marketing Malaysia
- & Edwin Lay +6016-889 5553

Join us for "Lights, Camera, Action: The Art of Event Photography," where you'll learn how to capture the energy and emotion of any event. This hands-on workshop covers everything from lighting and composition to candid shots and action-packed moments. Perfect for both beginners and seasoned photographers, you'll gain the skills to tell compelling stories through your lens and make every event unforgettable. Bring your camera, creativity, and passion!

#### WHAT ABOUT MUSIC: HOME & AWAY

- ᄇ Sun 6 Oct
- ④ 4pm onwards
- Tribes, Grand Margherita
- ∑3 RM 40
- About Kuching Sdn. Bhd.
- & Farouk Kamil +6012-889 1410

It has always been one of WAK's main aims to highlight the amazing things Sarawakians are doing especially those bound to or based on distant shores. Home & Away is a special showcase featuring Sarawakian musicians who are doing just that. Understated and underrated, this eclectic line-up of bands and artists are making big sounds far from home.

MUSIC



#### Drasska

Kuching's very own alternative ska outfit have been stomping their way through underground gigs and big festivals all over Sarawak and West Malaysia since they performed for What About Kuching back in 2019. This show will be their homecoming to the WAK Festival.



#### Clockwise

Having played numerous shows in the Southeast Asian underground circuit, Kuching's enigmatic Post-Punk Shoegazers are infamous for their angst-laden delivery and crushing wall of sound.



Mascot

Though based in KL, the core members of Mascot bear proud East Malaysian roots. This midwest emo/alt-rock trio have been making a name for themselves with their eclectic fusion of Math-Rock and Indie-pop.



#### **Faye Faire**

Formed by the songwriting duo of Alena Nadia and the late I-Shan Esther, this female-fronted KL band enchants audiences with their ethereal blend of folk-rock and poetic songwriting; citing influences from the Beatles, Simon & Garfunkel, to Declan McKenna, Elliot Smith and Boygenius.



#### The Filters

This Sarawakian-fronted Malaysian Math-Rock Band aspires to spread their thought-provoking plethora of musical influences to the generations masses. Get lost in the catalyst of their intriguing and engaging multi-layered soundscapes.



#### MuchaMuchaM featuring Zee Avi

This Japanese instrumental exotica band that experiments with subtropical sounds that mixes both Japanese and Asian music. One of their most recent collaborations features the enigmatic voice of Sarawak's very own Zee Avi. Don't miss this special showcase of where worlds collide.



#### **BORNEO SONIC FOOD CARNIVAL 2024**

FOOD

ARTS

- 📋 Wed 9 Oct Sat 12 Oct
- 12:00 PM 10:00 PM
- 🛛 Dataran Perayaan, Stadium Sarawak
- Σ FREE
- BME (Malaysia) International Sdn. Bhd.
- & Place Borneo +6082-555 189

Experience four days of fun and flavours. This carnival will feature a diverse range of food & beverages trucks and vendors, arts and crafts booths, and more. Don't miss the chance to be a part of this vibrant community event filled with entertainment and activities for everyone.



#### **ALL ABOUT ARTS**

- 📋 Thu 10 Oct Wed 30 Oct
- I0:30 AM 7:30 PM
- ⊑ B FREE
- About Kuching Sdn. Bhd.
- & Georgina Koh +6013-816 1282

"Elements of Nature," a WAK All About Arts theme, celebrates the elemental forces shaping our world through art inspired by Wood, Metal, Water, Earth, Fire, and Wind.

Each piece embodies a deep connection between artist and nature, with local artists transforming Borneo's materials into beautiful arts and crafts that reflect this harmony.

This collection is a tribute to the elements sustaining life on our island, urging us to experience the world through the eyes of artists who reveal nature's boundless potential.



#### **EMILY OF EMERALD HILL**

竹 Thu 10 Oct
 ① 7:30 PM



FILM

- Auditorium. Chemsains
- 🖾 RM 75
- About Kuching Sdn. Bhd.
- & Marina Foo +6012-889 9589

"Emily of Emerald Hill" tells the tale of a poor girl who marries into a wealthy Straits Chinese family. Through her intelligence and hard work, she becomes a powerful matriarch and society hostess. However, her relentless pursuit of success strains her relationships with her husband Kheong and son Richard. Ultimately, she learns the true meaning of love and letting go through her interactions with her daughter Doris. Set in 1930s-60s Peranakan culture, the play is a universal story of survival and heartbreak.



#### **JAPANESE FILM FESTIVAL**

- 📋 Thu 10 Oct Sun 13 Oct
- To check official Japan Foundation Kuala Lumpur and GSC websites
- ♥ GSC, CityOne Megamall
- To check official Japan Foundation Kuala Lumpur and GSC websites
- A The Japan Foundation Kuala Lumpur
- & Megat Dashrin +603-2284 6228

The annual Japanese Film Festival is making its comeback in Kuching, running from 10th to 13th October at GSC CityONE Megamall. It promises to deliver the finest selection of Japanese cinema on the grand screen for everyone's delight. This year will mark this festival's 20th year anniversary featuring captivating titles across several genres, immersing audiences in diverse aspects of Japanese culture.



## THE HEALTH AND WELLNESS EXPO - MOVE WELL, EAT WELL, LIVE WELL!

- 📋 Fri 11 Oct Sun 13 Oct
- I0:00 AM 7:00 PM
- South Court, AEON Mall Kuching Central
   FREE

WELLNESS

- A JAYA Chiropractic Kuching
- & JAYA Chiropractic +6016-257 2238

In conjunction with World Spine Day 2024, experience the collaborative vision of our healthcare and wellness service providers in their efforts to promote healthier lifestyles at home and work. The Health and Wellness Expo is the place to go for the latest information in physical health, workplace wellness, fitness, nutrition and more. Featuring technologies and practitioners who are leading the health and fitness revolution in Kuching. Activities over the 3-day event involve complementary spinal and postural screening, healthy diet plans, dance workshop, and fun educational activities for kids.



#### **BORNEO SONIC MUSIC GLAMPING 2024**

- 📋 Fri 11 Oct & Sat 12 Oct
- Check-in & Check-out 12:00 PM
- Field D Football Synthetic Field Kuching
- ☐ Big Ground Charges: RM 250 Small Ground Charges : RM 200
- A Borneo Glamping
- & Ms Lorette Tie +6011-1087 2890

Glamp out at the Borneo Sonic Music Festival in style and luxury. Choose from—large lots for up to 6 people and small lots for up to 4. Participate in guided Zumba sessions, explore cultural activities, and enjoy easy-toaccess food stalls. For added convenience, optional transportation services are available. Make the most of your Borneo Sonic Music Festival Experience.

LIFESTYLE



#### CATWALK WORKSHOP WITH SHAFIQ KAY

WORKSHOP

- 📋 Fri 11 Oct & Sun 13 Oct
- Session 1 : 2:00 PM 4:00 PM
- Session 2 : 5:00 PM 7:00 PM
- Ø Zeeda, Metrocity
- RM70.00 per session
- A Estoilles Brilliantes Event Management
- & Khalid Zainuddin +6019-232 1896

Learn the fine art of 'walking' with confidence and gain the power to own the catwalk with pageantry and modelling mentor Shafiq Kay as he guides you through the nuances of every stride you take. Do you have what it takes to be the next 'Top-model'? Sign up for this workshop and find out.



#### **BORNEO SONIC MUSIC FESTIVAL 2024**

- 📋 Fri 11 Oct & Sat 12 Oct
- 🕒 5:00 PM 12:00 AM
- 🛛 Sarawak Stadium

 Early Bird rate: Rock Zone (1-Day Pass: RM688, 2-Day Pass: RM888) Party Zone (1-Day Pass: RM488, 2-Day Pass: RM688) General Admission (1-Day Pass: RM298,

2-Day Pass: RM488)

MUSIC

VIP Table - 5 pax (2-Day Pass: RM7500) Normal rate:

Rock Zone (1-Day Pass: RM788, 2-Day Pass: RM1088) Party Zone (1-Day Pass: RM588, 2-Day Pass: RM788) General Admission (1-Day Pass: RM388,

2-Day Pass: RM588)

VIP Table - 5 pax (2-Day Pass: RM7500)

- & BME (Malaysia) International Sdn. Bhd.
- 🗞 Place Borneo +6082-555 189

The Borneo Sonic Music Festival (BSMF) celebrates a tapestry of cultures to captivate music aficionados of vast spectrums and tastes. Encompassing genres like K-Pop, RnB, Hip Hop and EDM, you can expect BSMF 2024 to deliver world-class performances, and staging production; promoting Sarawak as a regional music festival destination. BSMF 2024 artist lineup includes Rain, Jessi, Youngjae and many more!





#### **BORNEO SONIC RUN WITH SKECHERS**

SPORTS

WELLNESS

- 📋 Sat 12 Oct
- 7:00 AM
- 🛛 Dataran Perayaan, Stadium Sarawak
- 🖾 3km RM 50
- 6km RM 70
- A Grit Event Management
- & Awang Saifeluddin +6016-878 2809

This thrilling event is designed to promote healthy living and community engagement. The Borneo Sonic Run is strategically scheduled to align with the highly anticipated Borneo Sonic Music Festival, creating a unique synergy that unites music lovers and fitness enthusiasts for an unforgettable experience. Race categories include 3km and 6km, featuring Skechers giveaways and the potential for special appearances by stars from the Borneo Sonic Music Festival.



#### FREE YOGA FIT

- 📋 Sat 19 Oct
- 7:30 AM 8:30 AM
- ♥ The Marian Boutique Lodging House
- ∑∐ FREE
- Arabyrd
- & Arafah +6012-305 1450

Join us for a FREE yoga session, a community initiative led by Arabyrd and Atilia Haron of Hippiehub Studio, aimed at bringing people together through the practice of yoga.



#### AN INTRODUCTION TO BRAZILIAN JIU-JITSU

SPORTS

WELLNESS

- 📋 Sat 19 Oct
- 9:00 AM 10:00 AM
- ♥ The Marian Boutique Lodging House
- ΣI FREE
- A Straight Blast Gym Borneo
- & Doreen Wong +6012-801 8218

Join us for an Introduction to Brazilian Jiu-Jitsu Workshop, where you'll discover the fundamentals of this dynamic martial art. Whether you're a beginner or curious about BJJ, this session covers basic techniques, self-defence strategies, and the philosophy behind the sport. Led by experienced instructors, you'll gain hands-on experience in a safe and supportive environment. No prior experience is needed—just bring your curiosity, energy, and readiness to learn something new!



#### PILATES WORKSHOP

- 📋 Sat 12 Oct
- 🕒 9:00 AM 11:00 AM
- 🛛 Rehab Concept
- RM27 per pax for reformer RM16.20 per pax for mat
- RMI6.20 per pax for i
- A Rehab Concept
- & Munirah/Wanina +6014-609 4663

If you ever thought of doing Pilates but never got around to it, now here is your chance! Join Core Pilates for a fun and challenging workout session to revitalise your mind and body. Catered to all people regardless if you are new or familiar with Pilates.



#### LITTLE JOLLY MUSICIANS -EDUCATIONAL TALK

TALK

- 🕒 10:00 AM 11:00 AM
- Jolly Hearts Creative Learning Centre, Tabuan Desa
- ⊑∎ FREE

🛱 Sat 12 Oct

- A Jolly Hearts Creative Learning Centre
- & Anastar Poh +6016-896 0262

Dr. Jong Hui Ying from Universiti Sains Malaysia is here to give an educational talk on "Technology & Music Impact on Child's Learning Development." Come and listen to her share her field of expertise on early intervention themes through music, and how the technology era impacts our new generation's learning journey.



## BIJA GOUACHE ART WORKSHOP WITH NIA LATIF AT WONDERBOOM

- 📋 Sat 12 Oct & Sat 19 Oct
- 1:00 PM 3:00 PM
- Wonderboom, Green Heights
   RM20 per pax (inclusive of brushes, gouache & artblock)
- Limited to 15 pax per session & Wonderboom x Nia Latif
- Shiela Mae +6016-679 0736

Come and learn to paint using Gouache with Sarawak's very own Nia Latif at Wonderboom this October. Nia will be launching her new brand Bija at Wonderboom and giving you an opportunity to learn to paint and view her new collection that celebrates tradition with handcrafted illustrations.



#### WILD ABOUT KUCHING: NATURE TALKING

TALK

- 📋 Sat 12 Oct & Sun 13 Oct
- ( ) Sat 12 Oct 1:30 PM
  - *Lanthonotus -* Borneo's Secret Drago by Veronica Leah
- Sat 12 Oct 2:30 PM Dark Waters, Bright Colors by Melvin Teo
- Sat 12 Oct 3:30 PM Tomistoma - the Crocodilian Unicorn by James Watson
- Sat 13 Oct 1:00 PM
  - Understanding Snakes by Alexander Ang
- ♥ tHe Spring
- Ages 12 & above: RM20 (per talk) Below 12: FREE (must be accompanied by adult and present ID)

#### Concession:

Students: RM 10 (per talk) (Present student card/ID) Seniors (above 65): RM10 (per talk) (Present ID)

- About Kuching Sdn. Bhd.
- & Alex Ang +6016-875 4842

Nature is talking but are we listening? Come listen to her untold stories from the perspectives of wildlife researchers and enthusiasts as they share with us their knowledge and wisdom born from their work in wildlife conservation and passion-driven endeavours.





## PROGRAM PENTAS BERGENDANG & BERMUKUN

📋 Sat 12 Oct

DANCE

NATURE

⑦ 7:00 PM - 11:00 PM

Oewan Serbaguna Kampung Santubong FREE

- & Kejiranan Mesra Kampung Santubong
- 🗞 Halizah Sordi +6019-846 3544

"Bergendang dan Bermukun" are cultural traditions practised by various Malay communities of Sarawak. Combining music, dance and lyrical poetry, Bergendang and Bermukun are customarily performed at weddings and other pertinent social events, making it an integral part of the community's cultural identity. Immerse yourself in this authentic cultural experience set in the scenic coastal village of Santubong.



#### WILD ABOUT KUCHING: GOING WILD

- 📋 Sun 13 Oct
- 2:30 PM
- tHe Spring
- ☐ General Entry: RM30
- Below 12: FREE (must be accompanied by paying adult) Students and Seniors (above 65): RM15
- About Kuching Sdn. Bhd.
- & Alex Ang +6016-875 4842

Going Wild is a nature awareness talk and wildlife safety demonstration conducted by local 'snake-catcher' and nature enthusiasts Alex Ang. Join him to get up close and personal with some of Borneo's more notorious and misunderstood animals and learn how to be safe around them.



#### SHARING MY PASSION #97 & #98: GUITAR MAESTRO AZ SAMAD & RAW CHEF YIN

- ᄇ Wed 16 Oct
- From 6:30 PM
- ♥ The Borneo Hotel
- ⊑∎ FREE
- About Kuching Sdn. Bhd.
- & Alex Ang +6016-875 4842



Growing up in Ampang, Selangor, Az Samad didn't initially picture himself becoming a musician, much less studying (and teaching for awhile) at Boston's prestigious Berklee College of Music. He started off playing a humble 80 ringgit kapok guitar, and now has endorsed international music brands and has

TALK

collaborated with artists and musicians from all over the world. In this Sharing My Passion Talk Session, Az will be sharing stories from his musical travels, lessons he's learned and maybe some tips for anyone embarking in a career as a musician.

Raw Chef Yin quit her high paying corporate iob to become a raw vegan chef. Along the way, she became a TEDx speaker and bestselling author. She now helps people all over the world including America. Furope Australia & Asia make beautiful. delicious raw vegan food. In this Sharing My Passion Talk



Session, Chef Yin will be sharing stories on how one of the most difficult decisions she's made in life has turned out to be the best choice ever.



#### RHYTHMIC MOVEMENT TRAINING (RMTI) - LEVEL 1 & LEVEL 2

📋 Fri 18 Oct - Sun 20 Oct



MUSIC

- 8:30 AM 4:30 PM
- EspeechCare, Trinity Hub
   Early bird RM1,100 (until 6 Sept 2024) Normal RM1.250
- & EspeechCare
- Dr. Etain +6013-811 4456 or
   Dayangku Farrah +6012-888 3500

Join us for a transformative 3-day course designed to enhance learning, sensory processing, emotional regulation, and behavioral management through Rhythmic Movement Training. Ideal for therapists, educators, and anyone interested in the power of rhythmic movements, this course is led by expert instructors, including Farrah, a Rhythmic Movement Consultant with over 8 years of experience, and features contributions from Moira Dempsey, Founder of RMT International, and Premalatha Shanmugam, RMTi Representative and Chairperson of MSKA.



#### WAK MUSIC PORTAL: OPEN MIC



You've been rehearsing for awhile and you finally feel ready to share with the world what you've got. The WAK Open Mic has been waiting for you. Whether you are looking for a place to showcase your talent or keen to cheer on your friends as they take to the stage for their first time, the open mic is a safe space for you to hone your stage skills and connect with fellow artists and music enthusiasts in your own community; be it music, stand comedy or slam poetry. Featuring a special performance by Az Samad.



TALK

#### **GIFTED WITH THE THIRD EYE**

- 📋 Fri 18 Oct
- ⑦ 7:00 PM
- ♥ The Lime Tree Hotel
- RM35 per head inclusive of 1 soft drink
- About Kuching Sdn. Bhd. &
- Christiana Chin Seth Choo
- & Marina +60128899589

Let me begin by saying I'm not your typical storyteller. What I have, though, is a gift—a "Third Eye" that lets me see beyond the veil, into realms most people only hear about in whispers. I'm here to share some of the spinechilling, goosebump-inducing experiences I've had with the unseen world. Along with this extraordinary sight, I've also been blessed with a powerful "Protective Force" that shields me. These encounters started when I was just a child, and though the spirits revealed themselves to me, they never meant any harm. Perhaps they were trying to communicate, but I've never attempted to bridge that gap—until now.



#### **KUCHING COMIC CON 2024**

- 📋 Sat 19 Oct & Sun 20 Oct
- ① 10:00 AM 7:00 PM
- ♥ CityOne Megamall
- ΣI FREE
- A Pickers Zone Company
- & Musriffin Sani +6012-880 0081

Welcome to Kuching Hobby and Comic Con, where enthusiasts of all ages gather to celebrate their passions! Explore a bustling Artist Alley, engage in epic gaming tournaments, and unleash your creativity in western cosplay workshops that are specifically focused more on western pop-culture, comic and retro western cartoons and shows. Meet beloved comic artists, discover exclusive merchandise, and immerse yourself in the vibrant world of pop culture.

CONVENTION



#### THE 8TH ATELIER ANNUAL MAD HATTERS' PARTY

- 📋 Sat 19 Oct
- 3:00 PM 6:30 PM
- 🛛 Dewan Sri Bunga Rampai
- ☑ RM100 per pax
- A Society Atelier Sarawak
- & Edric Ong +6019-858 3566

A celebration of Sarawak's heritage in Headgear: traditional, contemporary , innovative, artistic or simply put...MAD! An afternoon high tea event inclusive of a fashion show featuring 8 renowned designers both local and international with a focus of headgear, including some entertainment gimmicks to break the ice for audience participation and mingling in an informal and jovial atmosphere.

LIFESTYLE

WORKSHOP



#### SARAWAK COFFEE CEREMONY

- 📋 Sat 19 Oct
- 3:00 PM 5:00 PM
- 🛛 Black Bean @ Tabuan Desa
- RM50 (ages 12 and above)
- A Black Bean Coffee & Tea Company
- 🗞 Sandra Wong & Mango Tan +6082-367 533

A unique ceremony to celebrate specialty coffee produced in Sarawak, especially the rare Liberica coffee. Baristas prepare pour over, siphon and espresso coffee using different beans while you immerse in the sensory experience of savouring the aroma, fragrance and taste of each bean. This will be a great afternoon of coffee exploration. Light refreshments are provided. Suitable for ages 12 and above. Limited to 20 persons per session. Register before 16/10/2024.



#### WHAT ABOUT MUSIC: FOREVER YOUNG

MUSIC

- 📋 Sat 19 Oct
- B PM onwards
- Dewan Sri Bunga Rampai
- ☑ RM40
- About Kuching Sdn. Bhd.
- & Alex Ang +6016-875 4842

It's that time of year again to kick the dust of your dancing shoes and put on your weekend best! For this night everyone is Forever Young! Cheer for your favourite hometown acts as they get your hips swinging to your favourite hits of yesteryears. Featuring Cat City Band and Time Signature Band.



#### PADAWAN RAFT SAFARI 2024

- 🗄 Sun 20 Oct
- 7:00 AM 3:00 PM
- 🛛 Dewan Serbaguna Kpg Git, Padawan
- Σ≟ FREE
- A Padawan Municipal Council
- & Mohd. Nazirin +6014-681 0923

Padawan Raft Safari 2024 is an exciting eco-tourism event featuring paddling adventures along the picturesque Padawan River. This sport-focused event brings together 150 teams from both local and international communities. Participants will experience the thrill of river rafting while engaging in environmental conservation efforts. The safari combines the excitement of competitive rafting with a commitment to ecological awareness, offering a unique opportunity to explore nature and build global connections in a stunning river setting.

SPORTS



#### **TUAK CRAFTING & RAGI MAKING WORKSHOP**

WORKSHOP

WORKSHOP

- 📋 Sun 20 Oct
- 9 2:00 PM 4:00 PM
- 🛛 Borneo Tuak Korner, MyPlaca
- Early Bird: RM 300
- Normal: RM 350
- A Borneo Tuak Korner
- & Jeff +6011-5550 9003

An immersive Tuak Crafting and Ragi Making Workshop, where you'll explore the traditional techniques of creating these unique and culturally significant beverages. This hands-on workshop will be led by expert artisan brewer, Tuak Alchemist who will guide you through the entire process, from selecting ingredients to fermentation. Whether you're a beginner or an enthusiast, you'll gain valuable insights and practical skills to craft your own Tuak and Ragi at home.



#### **GUITAR SECRETS WITH AZ SAMAD**

- 🗄 Sun 20 Oct
- Prodigy Music Centre
- Early bird: RM25
- Regular Pricing: RM30
- & AZ Samad x Prodigy Music Centre
- & Yin Yin Boey +6017-317 8033

Join composer-guitarist-educator & Berklee College of Music graduate Az Samad for an interactive session discovering the secrets of guitar playing. Find out how to become a better guitarist even if you have limited time to practise. Az has taught all over the world and now he returns to Kuching for this special session. Get Az's best tips and tricks over his 28 years of playing! Open to all levels, as long as you've played some guitar before.



TALK

LIFESTYLE

#### SHARING MY PASSION #99: DR. CHONG PEK LIN

- 📋 Wed 23 Oct
- From 6:30 PM
- ♥ The Borneo Hotel
- ⊡ FREE
- About Kuching Sdn. Bhd.
- & Alex Ang +6016-875 4842

Dr. Chong Pek Lin, a passionate music educator, has devoted over 20 years to celebrating and preserving Sarawak's rich musical heritage. Initially a Chemistry teacher, she followed her true passion into music, documenting over a hundred Kenyah folk songs through immersive research in remote villages. Her presentation, "In Quest of Songs," showcases her inspiring journey of bringing these vibrant traditional melodies to life in urban classrooms and on stage, ensuring that Sarawak's cultural treasures continue to thrive for future generations.



#### NUSAN VILLAGE

- 📋 Fri 25 Oct Sun 27 Oct
- 2:00 PM 12:00 AM
- O Amphitheatre Kuching, Jalan Taman Budaya
- ⊐" FREE
- A Nusan Project
- & Fakhrur Hazeem +6013-453 220

Experience a magical evening at the Amphitheatre (*Panggung Udara*) in Kuching, Sarawak, where art and nature come together. Enjoy the beauty of batik light installations that beautifully interact with the surrounding environment. Stroll through a variety of food and beverage stalls offering an array of tasty options, and browse unique crafts and artisan goods. The event also features an open mic session, giving local talents a chance to shine, and performances by special invited artists. It's a perfect blend of visual art, delicious food, and live entertainment, all set in a stunning outdoor venue. Don't miss this opportunity for a memorable night out!



#### THE ART OF FOOD

- 📋 Fri 25 Oct Sun 27 Oct
- 4:00 PM 10:00 PM
   The Borneo Hotel
- A The Borneo Hotel
- & Alphonsus Lim +6082-244 122

A three-day culinary festival that celebrates the rich and diverse food culture of Borneo. This event will feature a blend of traditional and modern culinary arts, focusing on local ingredients, cultural heritage, and innovative cooking techniques. The program includes live cooking demonstrations, food art exhibitions, workshops, and tasting sessions.

FOOD

DANCE



## CHINESE FOLK DANCE & CHINESE DRUM SHOW

- 📋 Sat 26 Oct
- 2:00 PM 10:00 PM
- Σ FREE
- A N8 Satok | KJM Sungai Maong
- & Amy Ho +6012-886 2299

Enjoy an enthralling cultural performance showcasing the music and dance traditions of the Chinese community in Sarawak. The "Chinese Folk Dance dan Chinese Drum Show" will feature traditional dance forms popular among the Chinese Community and an exhilarating performance by the Chinese Drum Ensemble.



#### SICK FAST LOUD 2024

- 📋 Sat 26 Oct & Sun 27 Oct
- 3:00 PM 10:00 PM
- Backdoor Studio and Event Space
- ⊑∎ RM45.00
- & Punkcaroba Records
- & Marvin Gayle +6012-850 3250

From blistering guitar riffs to thunderous drum beats, Sick Fast Loud, is the ultimate experience for fans of extreme music! Since its inception in 2013, Sick Fast Loud has been a beacon for hardcore punk and metal enthusiasts, showcasing the most intense and exhilarating bands in the scene. Sick Fast Loud brings together a powerhouse lineup of local talent, alongside bands hailing from outside Sarawak and even from abroad.



SAJAK DAN BUSANA TRADISI

- 📋 Sat 26 Oct
- 2:00 PM 10:00 PM
- Ecomall, Kuching
- Σ FREE
- A N7 Samariang | Kejiranan Mesra Taman Sukma
- & Hj Andrew +6019-848 7141

Experience Malaysian literary culture in this presentation of two Malay-themed poetic declamations. Participants will present their poems in iconic traditional costumes.

DANCE



LIFESTYLE

#### **HALLOWEEN TRICK & TREAT**

- 📋 Sat 26 Oct
- 🕒 11:00 AM
- Ground Floor, Mall 1 & Mall 2, Boulevard Shopping Mall
- ∑∎ FREE
- A Boulevard Shopping Mall
- & Janice Jeofery +608-246 138

Join us for a Halloween-themed colouring contest, where kids can showcase their creativity! There are two age categories: 7 to 9 years (Category A) and 10 to 12 years (Category B). Encourage your child to dress up in their most imaginative Halloween costume for a chance to win the Best Halloween Dress Award. Parents are also invited to get in on the fun by dressing up in Halloween costumes and share in the excitement with their kids.



#### JUH BERTANDAK ETNIK SARAWAK

- 📋 Sat 26 Oct
- 2:00 PM 10:00 PM
   Ecomall, Kuching
- A N8 Satok | Kejiranan Mesra Kampung No 3 & No 4
- 🗞 Sahari Bin Berdi +6013-811 5015

"Juh Bertandak" means "Come and Dance" in the colloquial Sarawak Malay slang. Learn about the popular dance culture of the various local ethnic communities in Sarawak such as the Malays, the Orang Ulu, the Bidayuh and the Iban Ngajat. Traditional dances capture the soul essence of the people's identity. It is a treasured heritage that deserves to endure for generations to come.



## POUR OVER COFFEE BREWING WORKSHOP

- ᄇ Sat 26 Oct
- 2:00 PM 5:00 PM
- Ø Black Bean Coffee @ Tabuan Desa
- ☐ RM80 per pax
- A Black Bean Coffee & Tea Company
- & Sandra Wong & Mango Tan +6082-367 533

NORKSHOL

LIFESTYLE

Discover the story of Sarawak coffee and how it's made, from farm to cup. Learn to brew pour over coffee, by experimenting with three different beans to explore their unique aromas and flavours. Great for those who want to try their hand at coffee brewing and discover their favourite flavours and beans. For participants aged 15 and above. Limited to 10 persons per session. Register before 23/10/2024.



#### **THE MUSES SEASON 2**

- 📋 Sat 26 Oct
- 7:00 PM 10:00 PM
- 🛛 Uncle Tecks Kopitiam, Gala City
- Elist RM 150 Gold Seat<br/>RM 100 Silver Seat<br/>Early Bird<br/>RM 125 Gold Seat<br/>RM 80 Silver Seat
- A Estoilles Brilliantes Event Management
- 🗞 Khalid Zainuddin +6019-232 1896

Estoilles Brilliantes Event Management are back again with The Muses Season 2; a pageantry modelling competition in search of new talents from all backgrounds, ages, sizes and heights to become the next prominent face of the local fashion industry. This competition will also debut the works of upcoming designers and brands on the runway and collaborate with the best glam teams in their respective fields during their Gala Night.



#### FOUR SEASONS - RIGHT STEPS STUDIO 17TH ANNUAL GALA DINNER

- 📋 Sat 26 Oct
- 7:00 PM 10:00 PM
- Seafood Shangri-La
- Image: Normal:
   VIP:

   RM130 per ticket
   RM350 per ticket

   RM1300 Whole table
   RM3500 Whole table

DANCE

FOOD

- A Right Steps Dance Studio
- & Helen Lim +6012-337 0708

In celebration of their 17th year, Right Steps Studio is having a Gala Dinner and they are inviting all dance enthusiasts along with their close partners and friends. If you have a genuine love for dance and you are looking to meet more like minded people than this event would be great for you. There will also be dance showcases and other fun activities to check out and partake in. So join in the fun and find your people.



#### TUAK TASTING NIGHT UNDER THE STARS

- 🛱 Sat 26 Oct
- 7:00 PM 10:00 PM
- The Post, Siniawan
- Regular Ticket RM 198
   Early Bird RM 168 (before October)
   Package with Tuak & Ragi Workshop RM 150
- A Borneo Tuak Korner
- & Jeff +6011-5550 9003

A tuak tasting experience reimagined with a modern twist. Step into an unforgettable evening under the stars at Siniawan heritage town and indulge in a curated selection of locally brewed traditional and modern fusion tuak, paired with an array of cuisine and traditional snacks - each sip telling a story of its own. Accompanied by live music performances, this event is the perfect setting for you to sit back, relax and indulge your senses in the sights, sounds, tastes and culture of Borneo.



MUSIC

#### SYOK ROCK 2024: INDIE ROCK REVOLUTION ARRIVES IN KUCHING!

- 🗄 Sun 26 Oct
- 7:00 PM 12:00 AM
- AppleSeeds Jamming Studio
- RM40 (Early Bird) RM50 (Standard)
- & Sid Menon Presents
- & Sid Menon +6012-678 3241

Sid Menon Presents "Syok Rock," an electrifying event featuring top Malaysian Indie Rock bands. Join us for this vibrant musical celebration in Kuching on October 26, 2024. Experience an unforgettable night of musical diversity, showcasing the unique sounds and styles of five outstanding Malaysian Indie Rock bands. Don't miss out on this exhilarating exploration of Malaysia's indie rock talent!



#### PERSEMBAHAN KEBUDAYAAN MELAYU ASLI & INDIA

- 📋 Sat 26 Oct
- 🕑 7:30 PM 10:00 PM
- Oewan Masyarakat Kampung Pinang Jawa
- ∑ FREE
- 👃 N6 Tupong | Kejiranan Mesra Tupong
- & Adenan Bin Sahmat +6016-577 1372

Take a short journey across the Sarawak River to Kampung Pinang Jawa where the indigenous Malay and Indian community of Sarawak will put on a performance to showcase their traditional dance culture. This authentic Sarawakian experience will highlight the ethnic diversity found here in Sarawak and exemplify the multi-cultural identity that personifies Kuching City.

DANCE



#### PESTA URANG LAMAK

- 📋 Sat 26 Oct
- B:00 PM 10:00 PM

♥ Dewan Datuk Seri Wan Junaidi, Kpg Goebilt
 □ FREE

MUSIC

LIFESTYLE

- 🛆 N5 Demak Laut | Kejiranan Mesra Goebilt
- 🗞 Yusri Saadan +6016-865 3564

Pesta Urang Lamak translates to "Festival of the Elders." Visit Goebilt Village where the local Sarawakian Malay Community puts on a show that takes you back to gentler times when people performed group sketch theatres, sang traditional songs and danced in traditional Malay costumes. Learn how to dance the traditional 'Joget Nopeng' and check out the traditionally decorated homes in the welcoming atmosphere of a time long gone but not forgotten.



#### PORTRAIT PHOTOGRAPHY WITH NATURAL LIGHT AND CONTINUOUS LIGHT

- 🗄 Sun 27 Oct
- 10:00 AM 12:00 PM
- ♥ tHe Spring
- 5 RM 10
- 🛆 Canon Marketing Malaysia
- & Edwin Lay +6016-889 5553

Discover the art of portrait photography using natural and continuous light in this hands-on workshop. Learn to harness the beauty of natural light outdoors and master the use of continuous lighting indoors. Through guided sessions, participants will explore techniques for creating stunning portraits, blending light sources, and postprocessing tips. Perfect for photographers of all levels, this workshop offers the skills needed to elevate your portrait photography to new heights.



#### **DISNEY PRINCESS VOCAL WORKSHOP**

WORKSHOP

LIFESTYLE

- 📋 Sun 27 Oct
- I0:00 AM 9:00 PM
- Please contact organiser
- 🖾 RM120 per pax
- A G Music Vocals
- & Gena Sim +6016-867 7518

Ever dreamed of singing like a Disney princess? Join us for a magical day of singing and a princess tea party while refining your vocal skills! This one-day workshop focuses on Disney songs and includes a brief but effective vocal training workshop. All participants will be given their own sparkling tiara and have the chance to showcase their talents in a mini recital that evening. Princesses of all ages are welcome!



#### **HALLOWEEN KIDS CONTEST 2024**

- 📋 Sun 27 Oct
- ① 12:00 PM
- South Atrium, Ground Floor, Mall 2, Boulevard Shopping Mall
- 🖾 RM5 per pax
- A Boulevard Shopping Mall
- & Janice Jeofery +6082-461 388

Join us for a Halloween-themed colouring contest, where kids can showcase their creativity! There are two age categories: 7 to 9 years (Category A) and 10 to 12 years (Category B). Encourage your child to dress up in their most imaginative Halloween costume for a chance to win the Best Halloween Dress Award. Parents are also invited to get in on the fun by dressing up in Halloween costumes and sharing the excitement with their kids.



#### **G MUSIC MINI RECITAL**

- 📋 Sun 27 Oct
- ⊙ 6:30 PM 9:30 PM
- Please contact organiser
- E FREE
- A G Music Vocals
- 🗞 Gena Sim +6016-867 7518

This event is open to the public! Friends and family of the recital participants are invited to the studio for an evening of music, games, and networking. It's a great opportunity for singers and aspiring singers to connect and get to know each other.



#### THE ECSTASY OF FORGETTING 遺忘的狂喜 BY TRIPSICHORE YOGA THEATRE

📋 Tue 29 Oct

WELLNESS

MUSIC

- ④ 7:00 PM 8:00 PM
- Q Auditorium, Chemsains
- **⊡** RM50
- A Padma Yoga Studio
- & Boon Kheng +6016-863 0107

THE ECSTASY OF FORGETTING is the story of a disheveled vagabond who has unexpected spiritual insight. Able to cast a spell of forgetfulness on himself and others, he helps them recreate who they think they are to become what they fantasize. The show is performed using spectacular yoga choreography and features cast from London, Kuala Lumpur, and Kuching.

## OUR WAK CHAMPION

We are profoundly grateful to Alvin Wee for his dedication and impact in echoing WAK's mission as our first ever WAK Champion.

Hailing from Kuching and now based in Los Angeles, California, Alvin Wee is a distinguished music mixer, recording engineer, and music producer renowned for his work in film, television, virtual reality, and video games.

Alvin is known for his exceptional mixing on projects such as Marvel Studio's "She-Hulk: Attorney at Law" (2022), "Encanto" (2021), "Top Gun: Maverick" (2022), "No time to die" (2021), Kingsman: The Secret Service (2014) and many more.

One of Wee's most notable achievements is his outstanding music mixing for Disney's Academy Award-winning Animated Feature, 'Encanto.' This film has garnered over 15 award nominations, including the prestigious Golden Globe for Best Animated Feature and Best Original Score. In collaboration with Germaine Franco and the sound team behind 'Encanto,' Alvin was also honoured with the Cinema Audio Society (CAS) Award for Outstanding Achievements in Sound Mixing.

His recent recognition as the Gamechanger Of The Year at The BOH Cameronian Arts Awards 2023 underscores his continued impact in the industry. Alvin also dedicates his talents to local projects, such as the productions of "Malaysia Prihatin" (2020) for Hari Malaysia and "Sarawak Gemilang" (2021) for Hari Sarawak.

Visit his website at alvinweemusic.com and his Instagram @weethewalrus.





The inaugural WAK Sibu Satellite Festival set Sarawak's central region ablaze with creativity. A forest-themed nature exhibition, a tree-lined music stage, an elevated fashion catwalk and an elegant octagonal space for arts, crafts, and fashion combined with a traditional music and dance performance that brought our diverse tribes together really outlines a truly breathtaking celebration of arts, culture and lifestyle. This powerful convergence marks a bold leap forward for the WAK open access platform, igniting exponential growth within our creative community. The WAK Sibu Satellite Festival is the positive start of an inspirational journey.













The inaugural WAK Miri Satellite Festival made an outstanding debut at Coco Cabana, Miri Handicraft Centre, and MYY Mall. This dynamic celebration of creativity boasted a bustling marketplace, an impressive showcase of arts, crafts, and fashion, a mesmerizing music stage with an ocean backdrop, an engaging exhibition of Sarawak's diverse wildlife and a cultural highlight bringing traditional music and dance of ethnic communities together onto centre stage. Over four days, the festival drew an exceptional crowd, positioning itself to become a key event not just in Miri, but across Sarawak.











## WATCHOUT FOR WAK 2025

## THE WAK TEAM

#### **BE OUR COLLABORATOR**

Do you have an event that is the right fit for WAK? Submit your Proposal when our Call for Proposal opens. Keep an eye on our social media @aboutkuching and our website aboutkuching.com for the announcement!

#### **BE OUR PARTNER & SPONSOR**

Come and experience the WAK journey and co-host events with creative communities in October. For more information and to discuss opportunities, please contact us at info@aboutkuching.com

#### **BE OUR AMBASSADOR (WAKA)**

Everyone could use an extra hand. Affectionately called the WAKAs, these driven and friendly volunteers help WAK build, foster, and engage the creative community. There are many ways you can help while you meet people and learn things, so if this sounds like you, head on over to aboutkuching.com to sign up.



The WAK Festival Team is a powerhouse of talent with a bold vision to take the festival global. They're not just any group-they're a creative force, constantly crafting fresh, innovative ideas that elevate the festival each year.

Their passion for arts, culture, and lifestyle is the heartbeat of every decision they make, driving them to boost the local creative scene and share the festival's magic with audiences worldwide. Inclusivity is at their core.

With the expansion of the team to include key movers for the two new satellite festivals in Sibu and Miri, the WAK Festival's reach has undeniably extended significantly. As proud Sarawakians, they celebrate our diverse cultures while building strong, inspiring partnerships. Their teamwork is key to placing Sarawak on the global festival map, transforming not only Kuching city but Sarawak into a leading festival hotspot.





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